

# Summer Junior Golf Program 2011

## Program Outline

- Juniors will experience all aspects of the game of golf, putting, chipping, pitching & full swing, along with rules, etiquette and valuable life skills!
- Juniors will experience FUN activities that promote an active life style, while learning hand-eye coordination, balance, rhythm & tempo, which are the fundamentals of the game of golf.
- Program involves fundamental movement skills important for all sports and for the achievement of physical literacy in all children.
- Medical release & contact emergency information forms must be completed before start of program.
- Children will be active - bring water.

*To register for Junior golf camp, please  
contact Kathy Gook & fill out registration  
form. 250-991-6437*



## JUNIOR GOLF

• **CAMP #1 July 11, 12, 13, 14 & 15**  
1.5 hours each day, for a total of 7.5 hours of golf & fundamental movement instruction.  
Hours of camp are from 9:00 - 10:30 .  
Instruction will either be at The Farm, or Richbar Golf Course. Cost per golfer: \$90

• **CAMP #2 July 18, 19, 20, 21, & 22.**  
1.5 hours each day, from 9:00am-10:30am, for a total of 7.5 hours of golf and fundamental movement instruction.  
Instruction will either be at The Farm, or Richbar Golf Course. Cost per golfer: \$90

**Golfers can sign up for both camps at \$175.  
Times may differ depending on number of  
golfers and age.**

For more information please call or email Kathy.

Kathy Gook  
LPGA Class A Golf Professional  
Phone: 250-991-6437  
Email: [kathy@kathygookgolf.com](mailto:kathy@kathygookgolf.com)  
Website: [www.kathygookgolf.com](http://www.kathygookgolf.com)